

smoothies

HAPPY HEMP & BUTTER\$7.25
Hemp Milk, Almond Milk, Bananas, Hemp Protein, Spirulina, Almond Butter
INCREDIBLE HULK\$7.25
Apple Juice, Bananas, Mangos, Spirulina, Hemp
Protein
COCO-CABANA \$7.25
Coconut Milk, Papaya Juice Blend, Bananas, Mangos, Strawberries
AMAZON WARRIOR\$7.25
Coconut Milk, Almond Milk, Bananas, Acai Berry Bar, Hemp Protein, Cocoa Powder
COCONUT GREEN GODDESS\$7.25
Coconut Water, Banana, Spinach, Kale, Cucumber, Spirulina
FRUIT DREAM \$6.50
Apple Juice, Bananas, Peaches, Strawberries, Yogurt
NUTTY PROFESSOR\$6.50
Almond Milk, Bananas, Almond Butter, Vegan Chocolate Chips
CHAI COOLER \$6.50
Almond Milk, Almond Butter, Chai, Banana, Cinnamon
WIRED MONKEY \$7.25
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PINA COLADA\$7.25
Coconut Milk Pineapple Juice Pineapple
Coconut Milk, Pineapple Juice, Pineapple, Mango, Banana, Coconut Extract
Orange Hempsicle\$7.25
Hemp Hearts, Banana, Peach, Orange Extract, Vanilla Extract, Fresh Orange Juice
Build Your Own\$7.25
Pick I-2 of any of our milks/juices, choose
2-3 of our fruit/veggies, add a protein or
supplement. Additional charges may apply.
ADDITIONAL FRUIT/VEGGIES\$0.75 each

Our primary focus is to provide quality products that are artisan, local, sustainably produced, healthful, humanely raised and reflect fair trade practices. We feature and promote these products. We seek out and cultivate suppliers for these products and we also produce them ourselves. We make every effort to provide reliable information about the benefits and effectiveness of the products we select. Cafe beverages are made using the highest quality ingredients, with priority given to organic whenever possible.

juices

	12 oz.	16.07
V-5		
Your choice of 5 fruits & vegetables	•	
C-BREEZE Apple, Orange, Lemon, Blueberries	\$6.00	\$7.50
KALE KARMA Cucumber, Apple, Lemon, Kale, Parsley	\$6.00	\$ 7.50
TONIC YOUTH	\$6.00	\$ 7.50
GRASSHOPPER Apple, Wheatgrass, Ginger	\$ 6.00	\$7.50
THE GREEN MACHINE Celery, Cucumber, Spinach, Parsley	\$ 5.00	\$6.50
LEMON GINGER TONIC Lemon, Ginger, Honey, Cayenne, Hot Filted		
HEALING HYDRATION Basil, Lemon, Spinach, Apple, Cucumber	\$6.00	\$ 7.50
GREEN APPLE Spinach, Ginger, Orange, Apple	\$5.00	\$6 . 50
GOLDEN MILK (iced or steamed) Coconut Milk, Almond Milk, Agave Syrup, Cinnamon, Organic Sea Salt, Ginger Juice	Turmeric J	uice,

SHOTS

	l oz.
BEET	\$1.00
GINGER	\$1.50
WHEATGRASS	
APPLE CIDER VINEGAR	\$0.75
TURMERIC	\$2.00
WARHEAD (3 oz)	
LIQUID SUNSHINE (2 oz) Turmeric, Ginger, Cayenne	\$5.00

HOUSE-MADE MILK

	12 oz.	1/2 gallon
HEMP	\$3.50	\$6.99
ALMOND	\$4.00	\$7.99

ACAI POWDER

Contains Antioxidants, Omega Fatty Acids, Amino Acids.

\$0.75

CAMU CAMU

Contains Antioxidants, Vitamin C, Amino Acids.

BEE POLLEN

Contains Anti-Viral & Anti-Bacterial Properties, Proteins & Minerals, B12.

SPIRULINA

Contains Amino Acids, Iron, Vitamins B, C, D, & E.

REISHI MUSHROOM EXTRACT

Contains Antioxidants. Detoxifying & Immune-Boosting.

AMAZING GRASS SUPER FOOD

Contains Organic, Non-GMO Wheat Grass, Barley Grass, Alfalfa, Spirulina, Spinach, Chlorella & Broccoli.

BARLEY GRASS JUICE

Contains Beta Carotene, B Vitamins, Minerals, & Chlorophyll.

\$0.50

LUCUMA

"Gold of the Incas", 14 Essential Trace Elements, Minerals.

MORINGA LEAF

Contains Antioxidants, Anti-Inflammatory Properties, Vitamins B6 & C, Iron.

TRIPHALA

Contains Anti-Inflammatory & Anti-Viral Properties, Improves Digestion & Circulation, Contains 31% Linoleic Acid.

HEMP PROTEIN

Contains Omega-3 & Omega-6: Essential Fatty Acids That Have Heart Health & Anti-Inflammatory Benefits.

WHEY PROTEIN

Contains A Range Of Essential Amino Acids, Including Leucine & Cysteine.

TURMERIC

Contains Curcumin, A Substance With Anti-Inflammatory & Antioxidant Properties.

\$0.25

FLAX MEAL

Rich Source Of Plant-Based Omega-3 Fatty Acids, High In Fiber.

HIMALAYAN PINK SALT

Creates Electrolyte Balance, Balances pH, Aids In Metabolism Function.

THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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